

# Professional Training Overview

## BEING SEEN, NOT MANAGED

### ● SESSION DESCRIPTION

This **story-based** training draws on **lived experience** to explore psychosis, hospitalization, and recovery—and how **clinical language, assumptions, and interactions** shape **dignity, identity, and possibility**. Participants learn to reconsider how **being seen as human**, rather than managed as a diagnosis, influences **care, trust, and long-term outcomes**.



### ● LEARNING OBJECTIVES

- **Recognize** how clinical language & assumptions shape patient outcomes
- **Reflect** on how management-focused care erodes trust
- **Apply** a human-centered lens

“It’s clear how **intelligent and caring** Sally is, which helped me **see people with psychosis in greater depth**. Her presentation also made me feel **more comfortable treating people with psychosis**.”

— **Susannah Churchill**  
MSW Student  
California State University, East Bay

### ● KEY TOPICS

- **What Psychosis Feels Like** from the Inside
- **Hospitalization** Through the Patient’s Eyes
- **Language** That Shapes Identity & Hope
- **Being Seen** vs. Being Managed
- **Personhood** Beyond the Diagnosis
- **How Clinician Words** Linger
- **Trust** as a Clinical Intervention
- **What Patients Carry** After Discharge

### ● INTENDED IMPACT

- **Deepen** ability to see & respond to patients as whole people
- **Strengthen** trust through more human-centered communication
- **Reduce** fear-based, management-driven approaches
- **Improve** quality of inpatient experiences
- **Prioritize** humanity & respect



### ● LEARN MORE



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